



كحلل

HALAL FOOD FOUNDATION

THE IMPORTANCE OF RECYCLING



"Eat and drink from the provision of Allah, and do not commit abuse on the earth, spreading corruption."

Qu'ran 2:60

Great importance is placed upon the conservation of nature and our environment in Islam; there are over 700 verses in the holy Qu'ran on this topic – as well as numerous hadiths.

Muslims are told **"And everything with Him (Allah) is measured"** (Qu'ran 13:8) – that unnecessary wastage is not permitted in Islam. We must conserve what we have and reuse where we can so not to squander away the abundance of resources that Allah has provided us with on Earth.

In society today recycling has become easier than it has ever been before; we see recycling bins outside our local supermarkets, on our streets, our local council provide us with wheely bins for waste that are *collected for us* – there are more provisions to minimise waste than ever.

Allah has entrusted us to be stewards of the Earth – **HIS** Earth – and we must endeavor to do what we can to please him.



The prophet Muhammad's (SAWS) wife A'ishah said that Allah's messenger used to repair his own shoes, sew his clothes and carry out household chores done without complaint.

(Authenticated by Al-Albani).

The Prophet Muhammad (SAWS) example of reusing and repairing things instead of always buying new illustrates that recycling is not symbolic of poverty but symbolises knowledge, power and awareness of the Earth's worth.

We are in control of *what* we use and *how* we use it.

***We generate about 177 million tons of waste every year in England alone.**

***Up to 60% of the rubbish that ends up in the bin could be recycled.**

***If all cans in the UK were recycled, we would need 14 million fewer dustbins.**

***Recycled paper produces 73% less air pollution than if it was made from raw materials.**

***Plastic can take up to 500 years to decompose.**

***Glass takes so long to break down that glass made in the Middle East over 3,000 years ago can still be found today.**

***UK households throw away between £250 and £400 of potentially edible food every year.**

***Recycling 100 cans can light up your bedroom for two weeks.**

***Recycling one ton of paper saves 7000 gallons of water, 4000 kw/h of electricity, 380 gallons of oil and the 17 trees that would have been used as raw material.**

***Electronic waste can also be recycled. Recycling our old electronic products (anything from fridges to mobile phones), can generate valuable raw materials.**

"Greater indeed than the creation of man is the creation of the heavens and the earth." (Qu'ran 40:57)

Every Little Helps

*Reuse your carrier bags!

*Turning your computer off at night rather than leaving it in sleep-mode will save 40watt-hours a day!

*Brush your teeth without keeping the water running.

*Using rechargeable batteries will reduce landfill and save you money!

